

## 2ND WORLD CONGRESS

**OF ARTS THERAPIES** 

AUGUST 28-31, 2011

NOVOTEL BUDAPEST CONGRESS CENTER

BUDAPEST

PRELIMINARY PROGRAM

## WELCOME



Ladies and Gentlemen, Dear Colleagues,

I am pleased to present you further information regarding our congress. In the framework of the 2nd World Congress of Arts Therapies we will again have the opportunity to discuss together current issues and the latest questions of our professions, where we can find an open platform to exchange our experiences. We hope that our cultural programmes, in addition to the professional ones, will also be of much interest.

We are looking forward to gaining a lot of beneficial professional information during these days from August 28 to 31, as colleagues expert in one particular field can have the opportunity to obtain deeper insight into other colleagues' specializations and scientific results, and a

progressive flow of information will be mutually helpful.

I do hope that all of you, the scientists and artists, representatives of political and public life and our promoters and sponsors, each and every guest of our event will appreciate and enjoy the programme of the congress.

May I wish you a successful and fruitful time, and also enjoy your time in Budapest.

Let me summarize our philosophy with the famous words of Goethe from the "Italian Journey", slightly rephrased for the 2<sup>nd</sup> World Congress of Arts Therapies:

"In der Kunst ist das Beste gut genug." - "In art the best is good enough."

- re-phrased for us: In art-*therapy* the best is good enough.

### DR. ELIZABETH M. HÁSZ

President of the 2nd World Congress of Arts Therapies



The 2nd World Congress of Arts Therapies is the second Hungarianinitiated international event that consistently undertakes the task of providing a forum with a both geographically and also professionally comprehensive spectrum for professionals who apply music-, dance-, literature-, visual arts-, photo-, film- and other branches of art-related methods in the corresponding therapy-methods or work using sporttherapy, or animal-assisted therapies.

The integrative feature of the Congress rises from the long well-known problem of the profession itself: the abundance, the cornucopia of choices and possibilities: there is hardly any other existing sphere of the scientific world that is compounded of so many aspects as arts therapies are. Consider the fact that arts and the related historical and aesthetic sciences have just as much relevance as psychiatry; besides psychiatry other branches of medicine corresponding to the different arts therapies fields, such as psychology, sociological sciences, or in the field of prevention sciences as pedagogy, communication, library science, and finally scientific fields corresponding rehabilitation.

Integration, convergence, synthetization, systematization: these are the terms of process necessary for arts therapies' further development, and for which the 2nd World Congress of Arts Therapies would like to offer a much-needed platform.

With the hope that our endeavour will be successful, I respectfully draw the attention of our colleagues to this event.

## Prof. Dr. BITTER István,

Director of the Clinic of Psychiatry and Psychotherapy of the University Semmelweis

### PATRONS

Hungarian Psychiatric Association

Hungarian Writers' Association

Liszt Ferenc University of Music

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Péterfy Sándor Hospital-Clinic and Trauma Center of the Capital

Semmelweis University, Faculty of Medicine, Department of Psychiatry and Psychotherapy

University of Kaposvár, Faculty of Fine Arts

## SCIENTIFIC PATRON

**Prof. Dr. Bitter István**, Director of the Clinic of Psychiatry and Psychotherapy of the University Semmelweis

### MAIN PATRONS

Dr. RÉTHELYI Miklós, Minister, Ministry of National Resources

Prof. Dr. PÁLINKÁS József, President of the Hungarian Academy of Sciences

## ART AND SCIENCE COMMITTEE

Dr. Bartos, Éva, director of the Library Institution of the National Széchényi Library, bibliotherapist

Dr. Batta, András, rector of the Liszt Ferenc University of Music, Budapest

Böjte, Csaba, OFM, founder of the St. Francis Foundation, Deva, Romania

**Dr. Csiszér, Nóra**, awarded the Batthány-Strattmann Prize, psychiatrist, neurologist, psychotherapist, retired head of Department of the Crisis-Intervention and Psychiatry of the Hospital Sándor Péterfy

Gilbert, P. Guy, Chevalier of the Légion d'Honneur, Director of the Association Père Guy Gilbert, Bergerie de Faucon, France

**Dr. Harmatta, János**, psychiatrist, psychotherapist, Head of the Department of Psychiatry at the Tündérhegy Institute, Budapest

**Dr. Hász, Erzsébet**, cand. med., historian of literature, writer, leading teacher of biblio-music-art therapy, founder head of the bibliotherapy minor of the Pázmány Péter Catholic University's Faculty of Humanities

**Dr. Jelenits, István OSchP**, awarded the Eötvös and Széchenyi Prize, writer, founder head of the Esthetical Institute of the Péter Pázmány Catholic University's Faculty of Humanities

**Jókai, Anna**, writer and poet, awarded the Kossuth Prize and the Attila József Prize, Chairman of the Hungarian Writers' Association, founder of the Digital Literary Academy

**Dr. DDr. hc Kasper, Siegfried**, university professor, psychiatrist, Director of Medizinische Universität Wien, Universitätsklinik für Psychiatrie und Psychotherapie, Vienna, Austria

Kocsis, Zoltán, awarded the Kossuth Prize and the Ferenc Liszt Prize, pianist, conductor and composer, Chief Musical Director of the Hungarian National Philharmonic Orchestra

Konok, Tamás, painter, awarded the Kossuth Prize, Paris, France

**Dr. Kurimay, Tamás,** psychiatrist, psychotherapist, addictologist, President of the Hungarian Psychiatric Society, head of the Department of Psychiatry and Psychiatric Rehabilitation at the St. János Hospital

Laquièze, François, Head of the Institut Français, Budapest

**Dr. Leitner, Sándor,** DLA, painter, awarded the Vaszary Prize, graphic artist, teacher, awarded Apáczai Csere János Prize, university professor in University of Kaposvár, Faculty of Arts

Dr. Magyari-Beck, István, professor emeritus, creatologist, Honorary President of the International Society of Creatology, Riga

Dr. Menzen, Karl, prof. habil., University of Arts Therapies, Nürtingen, Germany

**Prof. emeritus Moreno, Joseph**, Music Therapy at Maryville University, Director of the Moreno Institute for Creative Arts Therapies

**Dr. Nagy, Attila**, psychologist, sociologist, researcher on reading, chief advisor to the National Széchényi Library, Founding President of the Hungarian Reading Society

Perczel Forintos, Dóra, head of the Institut of Clinical Psychology of The Semmelweis Medical School

**Dr. Sásdi, Antal**, internist, director general of Péterfy Sándor Hospital-Clinic and Trauma Center of the Capital

Dr. Schmidlin, Serge, Director of the Audio Consulting Institute, Switzerland, expert of high fidelity and high end

**Dr. Sipos, Lajos**, professor emeritus, Institute of Literature of Péter Pázmány Catholic University's Faculty of Arts, President of the Hungarian Literary History Association

Szentmártoni, János, poet, awarded the József Attila Prize, head of the Hungarian Writers' Association

**Dr. Szilágyi, Simon**, psychiatrist, psychotherapist, Head of the Department of Crisis-Intervention and Psychiatry of the Sándor Péterfy Hospital

hc Dr. DDr. Vásáry, Tamás, pianist and conductor, awarded the Kossuth Prize

Dr. Vizi, János, dr. med. et. dr. jur., psychiatrist, clinical pharmacologist

### ORGANIZING COMMITTEE

Baranyai, Szilvia, teacher, congress coordinator of the Hungarian National Arts Therapies Association

Bohanek, Miklós, photographer, congress coordinator

Csizmadia, Noémi, coordinator of the Congress of the Hungarian National Arts Therapies Association

**Dr. Hász, Erzsébet**, chief secretary of the Organizing Committee, president of the Hungarian National Arts Therapies Association

Kemény, Ferenc, Eötvös Loránd University, Faculty of Humanities, assistant professor

Köves, Tamás, director of Meeting Budapest Conference and Event Organizer Ltd.

Nedeczky, Ildikó, head of the sport therapy section of the Hungarian National Arts Therapies Association

Vincze, Anett, clinical psychologist, art therapist, congress coordinator, University of Kaposvár

#### **PLANNED LECTURES**

Sunday, August 28 2011

Program	1
11.00	MORENO, Joseph - pre-workshop (under separate check-in; max. attendance: 40)
	KONOK, Tamás - vernissage
19.30	VÁSÁRY, Tamás - concert
20.30	Gala opening of the congress

#### Monday, August 29 2011

Program	
9.00 - 9.45	Official opening of the Congress
10.00 - 13.00	Opening Plenary Session – Art and Culture History and Arts Therapies
13.00 - 14.30	Lunch break
14.30 - 15.50	Sessions of Bibliotherapy, Complex therapies, Music therapy
15.50 - 16.10	Coffee break
16.10 - 18.30	Sessions of Arts, Applied Arts Therapies, Dramatherapy, Equine Assisted Therapy

#### Tuesday, August 30 2011

Program Sessions		
9.00 - 11.00	Sessions of Music therapy, Bibliotherapy, Arts, Applied Arts and Design Therapies	
11.00 - 11.20	Coffee break	
11.20 - 13.00	Sessions of Equine Assisted, Sport, Dance, Plays, Action and Movement Therapies	
13.00 - 14.30	Lunch break	
14.30 - 16.10	Sessions of Drama Therapy, Music Therapy; Art and Culture History and Arts Therapies	
16.10 - 16.30	Coffee break	
16.30 - 18.50	Sessions of Complex therapies; Arts, Applied Arts and Design Therapies	

### Wednesday, August 31 2011

Program	
9.00 - 11.00	Sessions of Dance Therapy, Art and Culture History and Arts Therapies, Bibliotherapy,
	and Arts, Applied Arts and Design Therapies
11.00 - 11.20	Coffee break
11.20 - 14.30	Sessions of Arts, Applied Arts and Design Therapies, Bibliotherapy, Complex Therapies
14.30 - 15.00	Closing of the Congress, Plenary Session

Professor Moreno's pre-workshop is scheduled for the first day of the congress with a maximum attendance limit of 40 professionals. If you wish to attend, please notify Meeting Ltd. by email ahead of time to reserve your seat for this event.

# ART AND CULTURE HISTORY AND ARTS THERAPIES:

BORSOTHY-GAÁL Edit (Hungary): The suicide as incapability of love - in the wake of Erich Fromm

**BÖJTE Csaba** (Romania): Folk art elements in the pedagogical methods for treatment of battered and disprivileged children

CSISZÉR Nóra SZILÁGYI Simon (Hungary): Arts Therapies in the Field of crisis-intervention

**FARKAS, Luca , MÁTÉ, Mónika, SZERTICS, Péter, MAKOLDI, Ágnes** (Hungary): Art therapy as a psychoterapeutic option for adolescent patients

GLADYSZEWSKA-CYLULKO, Joanna (Poland): Arts therapies: identity - interdisciplinarity - transgression

HEGYI Nóra (Hungary): Application of Art Therapies among Children with Special Educational Needs

KENÉZLŐI, Eszter, SKALICZKY, Dávid, LABANCZ, Dániel, TÓTH, Andrea, PÓSA, Gabriella, GÁDOROS, Júlia (Hungary): "Amber" – Adventure Therapy Department at Vadaskert Hospital in Hungary, Budapest

LIPADATOVA, Olga (Canada): Art and Culture, History and Arts Therapies

MAGYARI-BECK István (Hungary): Spontaneous Therapies – part two

MOHÁS Lívia (Hungary): The Danger Zones of Creativity

MOLNÁR Éva (Hungary): Art therapy in the psychiatric occupational therapy

**NIKONOVA, Antonina** (Russia): Experiences gained from the application of arts therapies in the education programmes of St. Petersburg's museums

PERCZEL FORINTOS Dóra (Hungary): Psychic effects of prayer and meditation

ROZSOS Kata (Hungary): About the Scholarship of Victor Göllesz

SHILO, Tamar (Israel): Experience of arts therapists and teachers regarding the professionalization of arts therapies

**SIPOS Lajos** (Hungary): The mediating literary works offers methods for interpretation and personality development

SZŰCS Olga (Hungary): Easthetic Contexts of Mental Health

#### **BIBLIOTHERAPY**:

#### BÁNKUTI Eszter, BARANYAI Szilvia, HÁSZ Erzsébet, PÁSZTOR László(Hungary): e-bibliotherapy

**BORSIK MIKLÓSNÉ SUDÁR Zsuzsanna** (Hungary): The Hungarian Pioneer of the Bibliotherapy: Dr. Andor Oláh

CSISZÉR, Nora, HÁSZ Erzsébet (Hungary): The relationship between bibliotherapy and compliance

DJEDOVIC, Vahida (Bosnia-Herzegovina): The Positive Characteristics of Bibliotherapy

GILBERT Edit (Hungary): Activation of reading experience of involved non-professionals

HÁSZ Erzsébet (Hungary): About the professionalization in the field of bibliotherapy

**JELENITS, István** (Hungary): Why is it good for an aesthete if he has an insight into the literary value of the in the bibliotherapy applied texts and why is it good for a therapist if he is knowledgeable about aesthetic values of the applied literary works?

JENEY, Éva (Hungary): Bibliotherapy and Literary Theory

JÓKAI, Anna (Hungary): Soul and literature

KOMONDI, László, EÖRDÖGH Zsófia (Hungary): Ten years in the field of bibliotherapy

KOVÁCS, Zsuzsanna (Hungary): Guilt and forgiveness: Bibliotherapy in the issue of guilt with prison inmates

MARCIANO, Gabriele (Italy): The poetic prism: Poetic practice for groups in art-therapy

**MEDVECZKINÉ TEGZES, Tünde** (Hungary): Poetry/bibliotherapy groupwork in a nursing home in Budapest

PAPP, Ágnes (Hungary): Bibliotherapy from the perspective of narratology

RUSZTHY, Geraldine, ASZTALOS-VARGA, Csilla (Hungary): Being torn from the family

SÁMI, Judit (Ireland): Self-help and creative bibliotherapy in Ireland

**SZILÁGYI, Simon** (Hungary): Psychoeducation, or the Illness and Its Treatment as Subject-Matter for the Patient to Learn

WANG, Ching-huang (Taiwan): The role of the reading in the stress resolving

WANG, Ching-huang (Taiwan): Reading to relieve emotional difficulties

# DRAMA THERAPY:

BALKAY László (Hungary): The mirror of our soul

HATVANI Andrea (Hungary): Dramatists in the face of their dialogues.

MICOCCI, Silvia (Italy): The therapeutic role of the work with clay

RUGGIERI, Vezio (Italy): Psychophysiological working on postural attitudes in Euripides' Bacchantes

**SELESKOVIC, Samira** (Bosnia-Herzegovina): "Telos, spontaneity and creativity in psychodrama as magical ingredients!"

STANICEK, Petr (Czech Republic): Drama-therapy as a part of group therapy of stuttering

THEODOROU, Petros (Greece): Watching my personal film (PSP)

**VARGA Péter** (Hungary): MOZGÁS-TÉR (MOTION – SPACE) at the borderline of psychodrama and bibliodrama

ZÁM Mária, SZILÁGYI Veronika (Hungary): Drama in the pictures -dramatizing fine art pictures in other words homeopathic devices of drama in exploring the inner world

# ARTS, APPLIED ARTS AND DESIGN, FILM- AND PHOTO THERAPIES

**ANTALFAI, Márta** (Hungary): Integrated appearance of symbols attached to personal and collective unconscious interpersonal relations in the complex thematic art therapy based on catharsis experience

BALÁZS, Nelli (Hungary): The therapist's role of handcraft and artistic skills in the relationship with the client

BEKE, László (Hungary): Art Brut

BOCZ, Bea (Hungary): How art becomes therapy at Tündérhegy

BULIK, Csilla (Hungary): Interference and reflection. Team as a catalyst in art therapy

BULIK, Csilla, BOCZ, Bea (Hungary): Mythical creatures in art therapy (dragons, fairies, merpeople, witches, devil, angels etc.)

FALUDY, Judit (Hungary): The History and the New Context of the Sélig Collection from Lipótmező

FORRÓ, Ágnes (Romania): The harmony of the soul in the art therapy works

**GEREVICH, József** (Hungary): What is the difference? Artist with mental illness and psychiatric patient as art brut artist

GHYCZY, György (Hungary): Marthe's pictures

GHYCZY, György (Hungary): The patient paints without eyes

GYENES, Zsolt (Hungary): Synchrony - Two Examples of Visual Music

HALDAR, Debaprasad (Ireland): Images and inspiration in life

HARMATTA János (Hungary): Unspeakable pain – Analysis of workshop material

HUSS, Ephrat (Israel): Image Formation and Transformation

JENSER, Márta (Hungary): Activations of archetypes through simple handcraftship techniques in preparation for significant festivities

KISS, Virág (Hungary): Education and therapy through art

KISS, Virág, BALÁZS Katalin (Hungary): Conception of art in art therapy

**KOVÁCS, Emese** (Hungary): Becoming an artist of art brut: the way from hospital admission to the Budapest Art Brut Gallery

KŐVÁRI, Edit (Hungary): Art and/or unhinged mind

LAY, Ronald (United States of America): Forensic Art Therapy: The Use of Technology to Re-Connect

LIEBHARD, Anna, LIEBHARD, Gernot (Austria): A long treatment process with different art therapeutic elements

MAGYAR, Anikó (Hungary): The cognitive approach of art therapy and its implementation in psychiatric rehabilitation

MARKMAN ZINEMANAS, Daphna (Israel): The additional value of Art Psychotherapy - Visual Symbolization

MÁTRAHÁZI, Tibor, VINCZE, Anett (Hungary): The magic of handycam in the art therapy of deviance kids

**MENZEN, Karl-Heinz** (Germany): The picture as symptom I: Early expressive art therapy in psychiatry of 19<sup>th</sup> century

MENZEN, Karl-Heinz (Germany): The picture as symptom II: Expressive art therapy in neurology of today

MENZEN, Karl-Heinz (Germany): The picture as symptom III: Self-Awareness. A History and its Crisis

NAGORNJA, N., GASHKOVA, L., CHUJKO, A. (Ukraine): Technique "draw the dream" as diagnostics and therapy in practice of the pediatrist

ORMEZZANO, Graciela (Brazil): Art education and shamanism in the missions

**ORMEZZANO, Graciela, GORETI BAPTISTA BETENCOURT, Maria** (Brazil): Art therapy and aesthetic education in a psychosocial attendance center

**PLATTHY, István** (Hungary): Invoking Inner Vision: The application of an art therapeutic methon that builds upon projective processes at the Csontváry Fine Arts Studio

**PLATTHY, István** (Hungary): Inherent expressiveness: Contrastive analysis of early childhood drawing development with the emergence of senses of self and ancient images

ROLFF, Hildrun (Germany): Biography and development

**SECKER, Jenny** (United Kingdom): Promoting mental wellbeing and social inclusion through arts participation - results of a two-year evaluation

SIMON, Lajos (Hungary): Mission, History and Future of Budapest Art Brut Gallery

**TARI, Gábor** (Hungary): Geometrical Qualities in the Harmony of Colours – The Colour Harmony system "Immocolour"

TARR, Hajnalka (Hungary): Autism and art therapy from the artist's viewpoint

# **COMPLEX ARTS THERAPIES**

CALABRESE, Roberto, MARCIANO, Gabriele (Italy): Rock Opera: art-therapy between theory, music and narration

CSÁKY-PALLAVICINI, Krisztina, SÁFRÁN, Zsófia, BULIK, Csilla, BOCZ, Bea, HARMATTA, János (Hungary): Interactions. Visualization of psychodrama elements at art therapy workshops

DARQUE, Dominik (France): Essence of the living human beings

FÁBIÁNNÉ HARKÁCSI, Judit (Hungary): Presentation of a complex art therapy method

FERRONE, Anna Maria (Italy): Evaluating investigation of sound reception

GASHKOVA, Lyudmyla, BABJUK, I., SHULZ, O., ABDRJAHIMOVA, Z. (Ukraine): Arts Therapy at doctors of psychiatrists with professional "Burnout"

HUSS, Ephrat (Israel): "It's hard to be the child of a fish and of a butterfly"

**KISS, Tibor Cece** (Hungary): Integral Expression and Dance Therapy – a German-Hungarian way of Expressive Arts Therapy

KLEIN, Izabella (Hungary): Introducing expressive arts therapy in Hungary

KOMÁROMI, Erzsébet Katalin (Hungary): I'm dreaming of ink in many colours'

**MORENO, Joseph** (United States of America): Sources of the Creative Arts Therapies, Music, Art, Dance and Drama in the Indigenous Healing Traditions of the World

**PAP, Erika, KOMÁROMI, Erzsébet, HERCZEG, Ilona** (Hungary): A hatképes történet módszere pszichotikus gyermekekkel folytatott komplex művészetterápiás munkában

PHILIPPINI, Angela (Brazil): A Healing Alliance

POLTRUM, Martin, SCHEIBENBOGEN, Oliver (Austria): Orpheus Programme

SARKADY, Kamilla, MARLOK, Zsuzsa (Hungary): Dramatic adaptation levels of works of fine art

# EQUINE ASSISTED THERAPY

BOZORI, Gabriella (Hungary): Equine Assisted Learning

**ERŐS, Ágnes** (Hungary): Examination on efficacy of hippotherapy on walking abilities of children with cerebral palsy, using Ariel Performance Analysis System

**GERLICZKINÉ SCHÉDER, Veronika** (Hungary): Therapeutic Horseback Riding to Treat Communication and Speech Disorders

JÁMBOR, Péter, BOKOR, Árpád, SZALAY, Ferenc, STEFLER, József (Hungary): Comparison of the stride kinematics of the free walk in different hippoterapeutic horses

KARDOS, Edina, BEKE, Szilvia, KURITÁR, Eszter (Hungary): Psychological Effects of Equine-Assisted Therapy Demonstrated By/Through Children's Drawings

SIPOS, Stella (Hungary): Heart and Hand Foundation -Riding on horseback on the way of integration

SIPOS, Stella, WAGNER, Kinga (Hungary): Genre paintings from the riding school through the "glasses of autism"

SZÜLE, Eszter (Hungary): Possibilities of the therapeutic riding in case of the visually impaired children

WAGNER, Kinga, SIPOS, Stella (Hungary): Riding education in the riding therapy of mentally retarded people

WAGNER, Kinga, SIPOS, Stella, BAUMHAKL, Éva (Hungary): Four seasons in the riding school

# ACTION, SPORT AND ART OF MOVEMENT THERAPIES

BÉRDI, Márk (Hungary): Placebo effects in sports

FERENCZ, László (Hungary): Dolphin Therapy

**KOWALD, Anne-Claire** (Austria): The experience of therapeutical climbing as a movementbased approach in integrative therapy

TORNYOSSY, Mária (Hungary): An art therapy method

**KURIMAY, Tamás** (Hungary): Sport and creativity: characteristics from the view of networks. Family dynamics of top athletes and service user athletes living with mental problems

SZILÁGYI, Simon (Hungary): Sport-therapy in the Department of Crisis Intervention

## DANCE THERAPY

BÓTA, Ildikó (Hungary): Reflexions in each other

**GOODILL, Sharon W**. (United States of America): Systems Theory and Dance/Movement Therapy: A Good Fit

KEREKES, József (Hungary): Movement Development Through Dancing and Art Training

NAPSUGÁR, Anna (Hungary): "Singdance" in EletFa Institute for rehabilitation

P. SAJU SJ, George (India): Liturgical Dance in India

SCHOTT-BILLMANN, France (France): Dance-Rhythm Therapy and Unconscious Knowledge

#### MUSIC THERAPY

CSERJÉSI, Kinga (Hungary): Libero Canto - a way for singing free

**DESZPOT, Gabriella** (Hungary): Experiences on the complex personality shaping effects of the Kokas pedagogy

ERŐSS, Rebeka (Hungary): Effects of Music Therapy for youngsters with Psychoses and Other Psychiatric Disorders

GERBER-SNAPIR, Ayala (Israel): "...AND SOMETIMES, I WOULD LIKE TO BE THE PIANO"

HARMAT, László (Hungary): Music and Sleep

KEMENES, Gábor (Hungary): Music therapy in the communities Cenacolo

KIS JENŐNÉ KENESEI, Éva (Hungary): The significance of music in the education of Special Needs students

KÖTELES, György (Hungary): The musical forms of expression of mental crisis situations

MORENO, Joseph (United States of America): Creative Dimensions in Music Therapy

**REIKOR, Ildikó**, **SZKUBÁN, Judit** (Hungary): Possible applications of Klára Kokas's methods in the area of therapy.

SCHMIDLIN, Serge (Swiss): Music therapy and high fidelity

STANGRIT, Sergey (Russia): Therapeutic resources of the Kantele - a Karelian-Finnish folk instrument

VARVASOVSZKY, Dóra (Hungary): Short videos on Music Therapy in Practice

VÁSÁRY, Tamás (Hungary): Why can music be also a therapy?

# **GENERAL INFORMATION**

#### The venue

The congress will be held in the Novotel Budapest Congress, (H-1123, Jagelló utca 1-3, Budapest, Hungary) between August 28-31, 2011.

Registration will be in the foyer of the Novotel Budapest Congress, at the main entrance.

To reach the Novotel Budapest Congress in Budapest:

- take the Underground (Metro) red line M2 to *Moszkva tér* station and from there take the tram line 61 to *BAH csomópont* station.
- by bus No. 8, 40, 112, 139, 212.

#### Official language

The official language of the congress is English. We provide simultaneous translation in the Plenary hall and the Section Room (Bartók Room).

#### Credit point

The Scientific Committee of the Congress is negotiating with the competent organisations to acceptance the postgraduate course.

If any kind of profession will be accepted you can find it on the website (www.arttherapy.worldcongress.hu).

### Congress office

Meeting Budapest Organizing Ltd. Dózsa György út 1. H-1146 Budapest, Hungary Phone: +36-1-460-11-61 Fax: +36-1-460-11-64 E-mail: <u>meeting@meetingbudapest.hu</u>

### Registration opening hours

August 28, 2011 Sunday	09.00 - 18.00	
August 29, 2011 Monday	07.00 - 19.00	
August 30, 2011 Tuesday	08.00 - 18.00	
August 31, 2011 Wednesday	08.00 - 17.00	
In the Hall of Novotel Budapest Congress – registration desk.		

### **Registration fee**

	BEFORE 30 April 2011		AFTER 30 April 2011	
Participant	375EUR	465USD	450EUR	560USD
Accompanying	80EUR	100USD	80EUR	100USD

## Participant's fee includes

- participation in the Scientific Programmes,
- badge,
- congress documents (Book of abstracts and Proceedings on CD-rom),
- list of participants,
- invitation to the Welcome Reception,
- 8 coffee and refreshment tickets,
- 25 % VAT.

## Accompanying Person's Fee Includes

- invitation to the Welcome Reception,
- badge,
- participation in the Budapest sightseeing program.

### **Badge**

Each participant and accompanying person receives a badge (name tag) at the registration. We kindly ask you to wear it during all activities of the conference.

# Please note: participant with "accompanying person badge" cannot attend on the scientific program.

Thank you.

# **OPTIONAL PROGRAMME**

# Budapest sightseeing tour

Date: 28 August, 2011 Sunday Time: 14.00 Departure: 17.00 Price: **30.-EUR or 37.-USD** (included in the accompanying persons' fee)

Minimum number of participants: 20 persons

A three-hour sightseeing tour introducing the capital's most attractive features. The tour includes among others: Heroes' Square with the Millennium Monument, and Gellért Hill, which offers a breathtaking panorama of the city.

### ACCOMODATION

### SPECIAL CONGRESS PRIZE

	single room	double room
	EURO / night	EURO / night
NOVOTEL HOTELS****	99EUR / 123USD	115EUR / 143USD

Prices are per room per night, including breakfast and VAT.

For hotel reservation please fill the proper part of the Registration Form and send one night's deposit. The Organising Committee deals with reservations and deposits on a "first come – first served" basis. Remittance of hotel deposit should be made along with registration fee.

## METHOD OF PAYMENT

The payment of the registration fee, hotel deposit and full payment for optional programme should be made either:

 by bank remittance to be transferred to: MKB Bank Ltd.
Váci u.38. H-1056 Budapest, Hungary Account:10300002 - 20332521 - 48820019
IBAN code: HU53 1030-0002 -2033 -2521 - 4882 - 0019
Swift Code: MKKB HU HB

# PLEASE INDICATE YOUR NAME AND "**ART THERAPY**" ON YOUR MONEY TRANSFER AND ATTACH PHOTOCOPY OF THE BANK DRAFT TO THIS FORM! THANK YOU.

### 2. by **credit card**

I agree that you charge the above amount to:

Euro/Master Card	Visa	
Card number:		
Card Verification Code*:		
Expiry date:		
Cardholder's name:		
Cardholder's address:		
Signature:		

\*The entire card number of the last four digits of the card number appear on the signature panel of your Visa or Euro/Master card. The card number is followed by a three-digit value, which is called **card verification code**.

#### **Confirmation**

On having received your registration form and the bank draft of your remittance your registration and hotel reservation will be confirmed.

#### Method of cancellation

Should participants or accompanying persons cancel the registration, hotel reservation and optional program **before July 15, 2011**. All fees will be returned, less 10% handling charge. No refund can be made for registration and hotel deposit **after July 15, 2011**. **Only written cancellation can be accepted!** 

### **USEFUL INFORMATION**

Budapest, a city of 2 million people stands for a lot more than being the capital of Hungary. It is a grand icon of the past and a modern metropolis. You can discover influences from Roman times, from Turkish

domination in the 16th and 17th centuries, and from the days of Austro-Hungarian Monarchy. You are encouraged to visit one of the thermal spring baths, and any of the restaurants with famous Hungarian cuisine. We hope that you find the scientific program stimulation and the social event attractive. In the followings we would like to give you some useful information to make your visit in Hungary pleasant:

# Travel hints

On arrival by air in Budapest Ferihegy Airport, it is advisable to use the Airport Minibus Service, which takes you anywhere in the town for a set price of about 10 Euro/ per person. Check in at the following website:

http://www.airportshuttle.hu/en/news/?q=Y7297d30164d4a606d43d8964b51907b

On arrival by train you can take a taxi at railway station, but the prices are not set. Too high prices and uncomfortable situation can appear, so getting car of well-known taxi companies is advisable, for example: TELE5 Taxi, City taxi, Főtaxi, Zóna taxi.

# Public transport in Budapest

Budapest has an extensive public transport system, which ensures access to all part of the city by metro, bus, tram, trolley bus or even suburban railway. Tickets are sold at every metro station, bus terminals. A tickets costs HUF 320,- and is valid for one trip on metro, on a tram, bus or trolley bus line. 1-day, 7-day, 14-day and 30-day passes are also available.

# **Tickets**

for one run	HUF 320,-	for 1 day HUF 1550,-
For 10 runs	HUF 2800,-	for 3 days HUF 3850,-
Budapest card	48hours: HUF 6800,-	72hours: HUF 7500,-

Passengers who travel on a short distance or only change once on the underground can use of the metro and the Millenium underground with a discount ticket. Depending on the type of their trip, passengers can choose from 3 types of tickets in addition to the single tickets that can be used further:

SINGLE TICKETS HUF 320,-: valid for one interrupted single trip without changing lines, for one hour following in time code stamped in the ticket with the exception of the M1 (yellow line) where the tickets are valid for 30 minutes.

METRO SECTION TICKET HUF 260,-: valid for one trip without changing line for up to 3 and 30 minutes.

METRO TRANSFER TICKET HUF 490,-: valid for one trip with one change without any limitation on the number of stops for up to one hour.

# Notice for drivers

The speed limits are 130, 80 and 50 km per hour on motorways, on the highways and in cities, respectively. During driving, the use of headlight is compulsory. In Hungary, drinking is prohibited while driving.

# Passport and visa:

http://www.mfa.gov.hu/kum/en/bal/consular services/Entry of Foreigners to Hungary/

All foreign visitors travelling to Hungary should hold a passport and a valid visa except for citizens of most European countries. Please check the visa regulations between your country and Hungary before your travel arrangements. Visa can be granted by Hungarian Embassies and Consulates.

# Insurance

Participants should arrange health and travel insurance prior to arrival in Hungary. The registration fees do not include provision for the insurance of participants against personal accidents, sickness, theft or property damages. This applies to all events during the Conference period. Participants are advised to take out whichever insurance they consider necessary.

## Currency, exchange, credit cards

## http://www.oanda.com/currency/converter/

Official currency is the Hungarian Forint (HUF). Foreign currency can be brought into Hungary without restriction. When leaving the country, you can re-exchange HUF up to 50% of the total sum exchanged during your stay in Hungary. Receipt showing your official exchange is required. Exchange facilities are offered to participants at the airport, in hotels, and at the site of the Conference. Visa, Eurocard are accepted in large hotels, first class restaurant and city stores, but you should ask before ordering services.

## Climate and clothing

Hungary has a continental climate. Weather is really hot in August with temperature about 25-30°C. Formal dress is not required for any programmes.

## Electricity supply

In Hungary, electricity is supplied at 220V, 50Hz. The 2-pin connecting plug is different from that used in some countries e.g. USA, UK, Japan, etc. Hotels may provide outlets suitable for operating shavers.