

IAED-Israeli  
Association  
of Eating  
Disorders



**International  
Conference on  
Treatment Modalities  
for Eating Disorders:  
Consensus & Controversy**

February 4-5, 2013  
Jerusalem, Israel

[www.isas.co.il/ed2013](http://www.isas.co.il/ed2013)



## Dear Colleagues,

We are happy to invite you to a two-day international conference on “Treatment Modalities for Eating Disorders: Consensus and Controversy”. The conference will take place (in English and Hebrew) on Monday, February 4 and Tuesday, February 5 at the Ramada Hotel in Jerusalem, Israel, with a Teaching Day (in Hebrew only) on Sunday afternoon, February 3. The conference will have a clinical focus, offering professionals who treat eating disorders and obesity an opportunity to broaden their knowledge and expertise.

We aim to present a comprehensive, varied, thought-provoking and informative program, appropriate for a wide range of professional disciplines including endocrinology, the expressive therapies, internal medicine, nursing, nutrition and dietetics, pediatrics, psychiatry, psychology, social work, and sports medicine. Each day’s program will include four plenary lectures focusing on state-of-the-art treatment modalities in the field of eating disorders and obesity, workshops for specific professions, and short paper sessions on clinical and research issues. All plenary lectures will take place in English, as well as the majority of workshops and short paper sessions (selected workshops and parallel sessions will be held in Hebrew).

We have made every effort to invite world renowned experts, and are delighted to announce that confirmed keynote speakers and workshop presenters include Ms. Judith Banker, Dr. Eric F. van Furth, Professor Debra Katzman, Professor James Lock, Professor Ulrike Schmidt and Ms. Kate Williams.

Abstracts of no more than 250 words in English are invited for short oral presentations and posters. They should relate to recent research or clinical issues such as treatment approaches, outcomes, controversies, or unusual case reports. At the top please note: title, presenter’s name (underlined), collaborators’ names, all affiliations, and preferred presentation method (oral presentation or poster). The body of the abstract should include: theoretical background, aims, methods, results and conclusions (without subheadings). They should be sent to: [conventions@isas.co.il](mailto:conventions@isas.co.il) no later than August 31, 2012. The Conference Scientific Committee will then review the abstracts and announce their decisions.

The Conference was initiated by the Israel Association for Eating Disorders (IAED) and is being organized in collaboration with ISAS International Seminars.

We look forward to welcoming you in Jerusalem.

Conference Organizing Committee:

**Prof. Yael Latzer**  
Past President,  
Israel Association  
for Eating Disorders

**Prof. Daniel Stein**  
Past Vice-President,  
Israel Association  
for Eating Disorders

**Dr. Rachel Bachner-Melman**  
Treasurer,  
Israel Association  
for Eating Disorders

## Invited Speakers



### Ms. Judith Banker

Judith Banker is the founder and executive director of the Center for Eating Disorders, a non-profit support and outpatient treatment center in Ann Arbor, Michigan nearing its 30<sup>th</sup> year of service. She is a member of the Professional Advisory Panel of F.E.A.S.T. (Families Empowered and Supporting Eating Disorder Treatment), the Advisory Board of the Academy for Eating Disorders (AED), and a member of the Scientific Advisory Board for the Global Foundation for Eating Disorders. The 2011 recipient of the AED Clinical Leadership Award, Judith lectures internationally on clinical treatment, in particular on the transtheoretical application of psychodynamic principles and techniques in eating disorder treatment and the integration of research with clinical experience. Her research and publications address a range of topics including research-practice integration, effective eating disorder treatment, and early identification and screening for eating disorders. Judith is past president and a Fellow of the AED.

**Title for presentation:** The chimera of evidence-based practice: Promises and pitfalls for eating disorder treatment and research

**Title for workshop:** The perfect fit: How to combine research findings with clinical experience to provide the best treatments for people with eating disorders



### Professor Debra Katzman

Dr. Debra Katzman, MD, FRCP(C), is a Professor of Pediatrics, Head of the Division of Adolescent Medicine, Department of Pediatrics and University of Toronto (UofT), and Senior Associate Scientist at the Research Institute at the Hospital for Sick Children. In addition, she is a Member of the Institute of Medicine at the UofT. She is the Past-President of the Academy for Eating Disorders (AED) and president-elect for the Society of Adolescent Health and Medicine (SAHM). She is a Fellow of the AED and of SAHM. Dr. Katzman is also the Chair of Specialty Committee for Adolescent Medicine at the Royal College of Physician and Surgeons of Canada.

The focus of Dr. Katzman's research program has been to study and understand the unique physiologic and developmental issues in children and adolescents with eating disorders. She has been particularly interested in the medical complications associated with pediatric eating disorders; specifically osteoporosis, brain structure and function, and amenorrhea. New research priorities include exploration and improvement in the current diagnostic classification system for early-onset eating disorders and the investigation of effective treatments for children and adolescents with eating disorders. She has published over 100 articles, abstracts, book chapters, and editorials. Dr. Katzman co-edited a book for parents on eating disorders, "Help for Eating Disorder: A Parent's Guide to Symptoms, Causes and Treatment". In addition, she is an associate editor for an adolescent medicine textbook, "Adolescent Health Care: A Practical Guide

5<sup>th</sup> edition". Dr. Katzman is on the editorial board of the Journal of Adolescent Health. She also lectures nationally and internationally on child and adolescent-onset eating disorders.

**Title for presentation:** Bone mineral density

**Title for workshop:** Medical complications of eating disorders on children and adolescents



### **Professor James Lock**

James Lock, MD, Ph.D. is Professor of Child Psychiatry and Pediatrics in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he also serves as Director of the Eating Disorder Program for Children and Adolescents. Dr. Lock has published over 200 articles, abstracts, books and book chapters. He is the past recipient of a National Institute of Health (NIH) Career Development Award and a current recipient of a Mid-Career Award. He is active in research with 4 currently NIH funded projects related to eating disorder treatment

in children and adolescents and young adults as well as numerous national and international collaborations. His recent research focuses on integrating treatment research with neuroscience in eating disorders, including examining neurocognitive processes and their functional and neuroanatomical correlates. He has lectured widely in the US, Canada, Europe, South America, Asia and Australia. Dr. Lock's current research focused on interventions for Anorexia Nervosa and Bulimia Nervosa in younger patients is funded by the National Institutes of Health in the USA. He was awarded the Price Family Foundation Award for Research Excellence in 2010.

**Title for presentation:** Using Family-Based Treatments for adolescent eating disorders: Empirical support for efficacy and dissemination

**Title for workshop:** Introduction to the key components of Family-Based Treatment for adolescent anorexia nervosa



### **Professor Ulrike Schmidt**

Ulrike Schmidt, MD PhD FRCPsych FAED is Professor of Eating Disorders and Head of the Section of Eating Disorders at the Institute of Psychiatry, King's College London, UK. Her research interests cover all aspects of eating disorders, but in particular the area of psychological treatments, self-care treatments, and the use of new technologies. She is Principal Investigator of an NIHR programme grant on new treatments for anorexia nervosa.

**Title for presentation:** The challenge of treatment of adults with anorexia nervosa

**Title for workshop:** Working with the Maudsley model of anorexia treatment for adults



### **Dr. Eric F. van Furth**

Eric van Furth, Ph.D., FAED is Clinical Director of the Center for Eating Disorders Ursula in Leidschendam, the oldest and largest specialized treatment program for eating disorders in the Netherlands (700 patients at any time). Dr. van Furth is a clinical psychologist and psychotherapist. After receiving his Ph.D. in psychology from Utrecht University, Dr. van Furth went on to pen over 50 publications, primarily journals, chapters, educational videos, and conference papers on eating disorders. He has also published three books on the subject and is a member of the Editorial Advisory Board of the International Journal of Eating Disorders (IJED), European Eating Disorders Review (EEDR) and Eating Behaviors. He has been working clinically with patients with eating disorders for more than 25 years. After holding a seat as the Chair of the Dutch Multidisciplinary Treatment Guideline Workgroup on Eating Disorders (2004-2006), he is currently a Fellow and Past-President of the Academy for Eating Disorders.

**Title for presentation:** How do we improve our care for individuals with an eating disorder? Service delivery and ethical dilemmas

**Title for workshop:** E-mental health for eating disorders: Proud2Bme and FeatBack



### **Ms. Kate Williams**

Kate Williams BSc MA RD is Head of Nutrition and Dietetics at the South London and Maudsley NHS Foundation Trust. Ms. Williams graduated first in zoology, then took a post-graduate qualification in nutrition and dietetics. She also has an M.A. in the history of science and medicine.

After working for eleven years as a dietitian in acute general hospitals and in primary care, and developing a particular interest in obesity management, she moved into mental health care, setting up a new dietetics service in what was then the Maudsley and Bethlem Royal Hospitals. The service now has 9 dietitians, with specialist teams for eating disorders, and for the management of obesity and metabolic syndrome. Ms. Williams has always had a particular interest in the often complicated and difficult relationships that people have with body weight and food. She has worked particularly on developing the application of psychological strategies for behaviour change to eating behaviour, especially in eating disorders.

**Title for presentation:** The dietitian's contribution to recovery from an eating disorder - interventions and outcome

**Title for workshop:** Recovering control of appetite - managing binge eating and body weight

## General Information

### Venue:

The conference will take place in Jerusalem at the Ramada Hotel.

### Date:

February 4-5, 2013

### Language:

All plenary lectures will take place in English, as well as the majority of workshops and short paper sessions (selected workshops and parallel sessions will be held in Hebrew).

### Welcoming Reception:

A welcoming reception will be held on Sunday evening, February 3 at 19:00.

### Night Tour:

On Monday, February 4 there will be a night tour of Jerusalem.

### Exhibition:

A commercial exhibition will take place within the framework of the conference. For further information please contact the Secretariat at [meetings@isas.co.il](mailto:meetings@isas.co.il)

### Advertising and Sponsorship:

Please contact the Secretariat for space in the conference program and/or sponsorship of speakers, sessions and events.

**Registration Fee** of \$475 for participants includes participation in all sessions, conference kit, program, proceedings, lunch and coffee breaks, welcoming reception and night tour of Jerusalem. There is a reduced fee of \$350 for presenters (only one presenter per paper). After December 10, 2012 there will be a surcharge of \$50.

**Note:** Discount fees for students and groups can be arranged. Please contact [congress@isas.co.il](mailto:congress@isas.co.il)

**Accompanying Persons'** fee of \$100 includes the welcoming reception, opening ceremony and night tour of Jerusalem. Fee does not include attendance in program sessions.

### Accommodations:

|                   |        |        |
|-------------------|--------|--------|
| Prices (per room) | Single | Double |
| Ramada Hotel      | \$160  | \$185  |

Price includes a full Israeli breakfast and 15% service charge. Check-in for hotels is 14:00. (Saturday check-in is approximately 20:00). Check-out is 10:30. Reservations must be made by January 1, 2013 and accompanied by a deposit of one night charge. Room availability cannot be guaranteed after this date. Full payment must be made by January 15.

### Cancellation Policy:

Registration cancellations received by December 1, 2012 will be fully refunded less a \$60 processing charge. There will be a 50% refund for cancellations received between December 2, 2012 and January 20, 2013. No refunds for cancellations received after January 20, 2013.

Hotel cancellations received after January 20, 2013 will be charged one night's accommodation fee.

Refunds will be processed one month after the conference.

### Conference Secretariat:

ISAS International Seminars  
POB 34001, Jerusalem 91340, Israel  
Tel: +972-2-6520574  
Fax: +972-2-6520558  
Email: [congress@isas.co.il](mailto:congress@isas.co.il)

**Letters of Invitation:**

Upon request, the Secretariat will send a personal invitation to participate in the Meeting. Such an invitation is only meant to help visitors raise travel funds or obtain a visa and is not a commitment to provide financial support.

**Visas:**

All visitors to Israel are required to have a valid passport, and for some countries, a visa is required. For more information please contact your nearest embassy, consulate or local travel agency well in advance. It is the responsibility of the participant to obtain a visa if required.

**Important Notes:**

ISAS International Seminars, and their agents, shall not be responsible for and shall be exempt from all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

**Transportation from Airport:**

Ben-Gurion International Airport is located 40 minutes from Jerusalem. Airport shared taxis (Nesher) run 24 hours a day and they take you door to door for ~\$16. Private taxis are also available and should cost ~\$85

**Climate:**

The weather in February is cool with possible rain, temperatures ranging from 6-14° C / 45-60° F.

**Clothing:**

Clothing is informal for all occasions. A sweater or jacket is also recommended, as the meeting rooms may be cool.

**Currency / Exchange:**

Israel's currency is the New Israeli Shekel (NIS). International major credit cards are accepted in most hotels, restaurants and shops. Exchange offices and ATM machines are easily available throughout the city and at the Ben Gurion International Airport.

## Abstracts:

Abstracts of no more than 250 words in English are invited for short oral presentations and posters. They should relate to recent research or clinical issues such as treatment approaches, outcomes, controversies, or unusual case reports. At the top please note: title, presenter's name (underlined), collaborators' names, all affiliations, and preferred presentation method (oral presentation or poster). The body of the abstract should include: theoretical background, aims, methods, results and conclusions (without subheadings). They should be sent to: [conventions@isas.co.il](mailto:conventions@isas.co.il) no later than August 31, 2012. The Conference Scientific Committee will then review the abstracts and announce their decisions.



## **Tours**

**Exclusively for conference participants and accompanying persons**

### **Tour #1: Caesarea, Haifa & Acre Sunday, February 3**

Depart Jerusalem. Continue north through the orange groves of Sharon to Netanya. Follow the coastal road through the greenery of Hadera to King Herod's ancient Roman port city of Caesarea. Tour the ancient port, Hippodrome and Crusader buildings and experience the museum and film that take you back 2000 years. Pass Zichron Yaakov and hear about the vineyards and city that Baron Rothschild built nearly 100 years ago. Tour Haifa, pass the Carmel Mountains, Stella Maris and Bahai Gardens and exit Haifa north

towards Acre. Break for lunch. Visit Crusader sites and UNESCO Heritage site of the underground city. Tour ancient port city, the marketplace and return to Jerusalem, passing the citadel prison where the British jailed Israel's pre-state fighters. Price \$145

### **Tour #2: Nazareth, Tiberias & Capernaum Wednesday, February 6**

Nazareth (Church of the Annunciation and the Church of Saint Joseph), the ruins at Capernaum, Tabgha and the Church of the Multiplication of the Loaves and the Fishes. View Tiberias and the Sea of Galilee. Return via scenic view of Mount Tabor, site of the transfiguration. Price \$150





### Tour #3: Jerusalem Thursday, February 7

Full day tour of Jerusalem, including 3000 year old City of David, the Western Wall underground tunnels, Mt. Zion, King David's Tomb, the Room of the Last-Supper, Dormision Church, Zion Gate. Visit the Cardo, Via Dolorosa, Church of the Tomb, exit the Old City via Jaffa Gate.  
Price \$80

### Tour #4: Masada, Qumran, Dead Sea

Friday, February 8

Descend through the beautiful scenery of the Judean Desert to the lowest point on Earth – the Dead Sea. Drive along the sea, pass by Qumran where the Dead Sea Scrolls were found and continue to Masada - the ancient fortress built by Herod the Great in the 1st Century B.C.E. - which was the last Jewish stronghold to fall during the revolt against the Romans. Ascend Masada by cable car, take in the magnificent views in all directions and tour the fascinating excavations. Bring water, hat, walking shoes, bathing suit & towel (there may be time for a dip in the Dead Sea).

Price \$130

#### Note:

- All itineraries are subject to change and require a minimum of 15 participants per tour.
- All tours depart at 8:00 from lobby of the Ramada Hotel and return to the hotel.
- Lunch not included.
- For additional tours and extensions, please contact the Secretariat.

# Registration Form Eating Disorders 2013

Please send to: ISAS International Seminars  
POB 34001, Jerusalem 91340, Israel  
Tel: +972-2-6520574, Fax: +972-2-6520558, Email: register@isas.co.il

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

email: \_\_\_\_\_

Place of Work: \_\_\_\_\_

Mailing Address:  Home  Work \_\_\_\_\_

City: \_\_\_\_\_ Country: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Tel: \_\_\_\_\_

Please book a  single room  double room\* at the Ramada Hotel

check in date \_\_\_\_\_ check out date \_\_\_\_\_ # of nights \_\_\_\_\_

I will share my room with\* \_\_\_\_\_

\* It is the sole responsibility of the participants to find a roommate. In the absence of a roommate, single occupancy price will be charged.

## Please reserve seats on the following tours:

Tour1: Caesarea, Haifa & Acre \_\_\_\_\_ seat(s)

Tour2: Nazareth, Tiberias, Capernaum \_\_\_\_\_ seat(s)

Tour3: Jerusalem \_\_\_\_\_ seat(s)

Tour4: Masada, Qumran, Dead Sea \_\_\_\_\_ seat(s)

## Please itemize payments

Registration fee \$ \_\_\_\_\_

Accompanying person(s) \$ \_\_\_\_\_

Accommodations \$ \_\_\_\_\_

Tours \$ \_\_\_\_\_

**Total \$** \_\_\_\_\_

I enclosed a check or money order payable to ISAS International Seminars.

Bill my credit card:  VISA  DINERS  M/C  AMEX

Card number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

3-4 Digit Security Code: \_\_\_\_\_ Signature: \_\_\_\_\_

Bank transfer to: ISAS International Seminars Ltd.

Bank Leumi, Tourist Branch #687, Account Number 9400/41

19 King David St., Jerusalem, Israel

Swift Account: LUMILIT, IBAN CODE: IL790106 870000000940041

Please email/fax a copy of the bank transfer instructions to the secretariat.



Conference secretariat:  
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