

## "Space for worry" – On providing a space for children's fears within parent - child interaction

### An insight into the Hero's Journey throughout the children's book: "Don't Worry Ruti" by David Grossman

By: Hagit Pollak, Ph.D. Bibliotherapist

A child's world is immersed in both anxieties and fears of the known and the intimidating, as well as the unknown. Parent child interaction revolving around these fears can serve as a space whereby internal representations of one's sense of security can be constructed, thus allowing the child to independently cope with fears and various life barriers. The article examines the children's story "Al Tidagi Ruti" ("Don't Worry Ruti") by David Grossman, as an inner journey which takes place within the parent-child relationship; one which attends to different fears and worries while nurturing the strength to cope with them.

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**Corresponding author:** Hagit Pollak [hagitpollak@gmail.com](mailto:hagitpollak@gmail.com)