

Professional Ethics in the Digital Age: Advice for the Professional Arts Therapists

By: Judith Siano, MA, Art Therapist and Supervisor, Chair of the ICET Ethics Committee, Practical Supervisor at the University of Haifa, Initiator and facilitator of the project “DROP IN – WIN WIN. ART THERAPY WITH ADOLESCENTS AT RISK” at the Graduate School of Creative Arts Therapists, University of Haifa, in cooperation with the Welfare Ministry.

In this article we will attempt to better understand the language of digital tools, and their ethical consequences. This is a foreign language for some of the “baby boom” generation. But, even “digital natives” should find useful ideas here, with regard to increased awareness to ethical issues and referrals to interesting websites. We begin by recalling how important it is to be updated concerning ethical–professional issues. After that we will deal with different factors of digital technology. We will attempt to understand their influence on the therapeutic field in general. We end with a discussion of digital matter in the arts therapies. We will provide information about the researchers in our field and about websites worth visiting.

Keywords: Ethics, digital technology, digital immigrants and digital natives, the cultural language of the young generation, Awareness of danger, mindfulness in using digital devices.

Corresponding author: Judith Siano, Email: siano@netvision.net.il