

The Mother's Perception of the Relationship with her Child Following Dyadic Therapy through Plastic Art and the Significance of Plastic Art as an Interventive Tool in Dyadic Therapy

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This study examines a mother's perception of her relationship with her child following dyadic therapy through art, and the significance of this medium as an interventive tool.

This study consists of ten mothers who were treated, along with their children, by art therapists for a year and over, between the years 2009-2011. The research tools comprised of the RAP personal interview, a semi-structured interview which evaluated the mother's experience from the dyadic therapy, and a free narrative told by the mothers following the mother-child painting experience.

The findings show that following the therapy, the change in the mother perception of the relationship with her child included the following aspects: the mother's ability to be separate, the mother's ability to maintain suitable communication with her child, the mother's ability to understand her child's need for intimacy, the ability to regulate within the dyad, and the mother's ability to understand the child's inner world.

The findings also show the significance of plastic art as an interventive tool in dyadic therapy: to maintain interpersonal communication, to maintain a close intimate relationship and to understand the child's inner world.

The findings of this study may contribute to understanding the process experienced by dyadic therapy, as well as offering the contribution of visual art as an advocate of change.

Keywords: Mother perception, parent child dyadic therapy, art therapy.

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